Patch up the wall



Every issue is not up for public discussion, the thought that someone else can solve the deep issues that plague our lives outside of God is a trap that many fall into.

Soul work is best done with you and the only one who can save your soul from the hell that you are experiencing and that is Jesus Christ!

• Along with our Bibles, we are blessed to have resources from great men, and women of God to help us along in this journey. In this document,

I will link different resources that have been helpful to me and I pray to help you along in your pursuit !

• Please do not neglect your personal Bible study time.

If you are just starting on this journey open up your bible to the New Testament

(Matthew is a good place to start) and schedule time each week to read a chapter

at a time. If you have walked away and haven't done personal bible study in a

while the same applies. make a schedule and begin studying a chapter at a time. Just like you wouldn't no-call no-show at work if you didn't want to lose your job, don't

no-call no-show on your Bible study time!

take it seriously, treat it like your necessary bread.

Job 23:12 I have not departed from the commandment of His lips; I have kept the words of His mouth more than my necessary food.

• Start journaling, some of you think you need a therapist just to talk about your problems. Write it out and bring those issues one after another to God

In the same conversation-like tones.

Speaking as if you are indeed speaking with someone who cares and is the only one who can help.

It doesn't have to be fancy,It can be a Dollar Tree journal!

you might find it helpful to schedule time to do this just as you do with your bible study!

you would pay a therapist and schedule a meeting with him or her right? do the same for your study time!

Schedule prayer times!

If prayer is communication just like I said about journaling you would schedule a time to meet with the therapist... schedule time to pray!

I am not saying if there is an emergency don't make an emergency call .. (you can

pray outside of the scheduled times)

but it may be helpful for you to first get on a schedule!

Books - don't read the books and look to them more than your bible you could very quickly find yourself in heresy.

Groups – Sometimes it is wise to take a break until you are ok with your position. You learn this in your study/ prayer times if you don't have either established grouping up with others can surly be a disaster!

Video - I made with this pdf Video - 5 things never to share with anyone <u>https://youtu.be/nPtmGI6S0cE?si=fRRLeTVGwvrW_Bz8</u> Video - leave it in the past

Book - FREEDOM FROM SOUL WOUNDS AND DEMONS: YOUR BREAKTHROUGH TO TRUE PEACE & JOY

