We will jump right in.

When you touch Satan's things there are consequences .

Be it by mistake or not ...

be it because someone led you into ( molestation/rape)

or you willingly skipped your hind to Tyrone's bed every Saturday night.

This is not a debate, it is a strategy to help you to overcome.

"Yet in all these things we are more than conquerors and gain an overwhelming victory through Him who loved us [so much that He died for us]. For I am convinced [and continue to be convinced—beyond any doubt] that neither death, nor life, nor angels, nor principalities, nor things present and threatening, nor things to come, nor powers, nor height, nor depth, nor any other created thing, will be able to separate us from the [unlimited] love of God, which is in Christ Jesus our Lord."

Romans 8:37-39 AMP

Did you read that? "that neither death, nor life, nor angels, nor principalities, nor things present and threatening, nor things to come, nor powers, nor height, nor depth, nor any other created thing, " so we are dealing with more than mere"human problems " Ephesians 6:12 tells us this as well.

"For our struggle is not against flesh and blood [contending only with physical opponents], but against the rulers, against the powers, against the world forces of this [present] darkness, against the spiritual forces of wickedness in the heavenly (supernatural) places."

**Ephesians 6:12 AMP** 

The blood of Jesus will never lose its power!

And it is still how we will overcome .

Some of you will have to ask for deeper revelation about what the blood of Jesus did for you as a believer so that you can understand yes we are wrestling but you are victorious because of the blood!

# video:

https://youtu.be/RI8JyBZ3TCo

I realized that I can't even fight this fight! You have to help me.

So how do we get help?

I don't claim to know everything, and the Lord may very well reveal more to you as you journey through this.

I Remember when I didn't have a place to turn to or no one was there to provide insight for what I was experiencing just know that you are seen , and loved by God ,But without the blood of Jesus we are all just filthy to a Holy God .

Here are some other videos that you might find helpful

Deliverance: <a href="https://youtu.be/HhN2cgSwV-4">https://youtu.be/HhN2cgSwV-4</a>
Bring it to God: <a href="https://youtu.be/kPLmE36J-os">https://youtu.be/kPLmE36J-os</a>

### Deliverance -

the action of being rescued or set free.

Salvation -preservation or deliverance from harm, ruin, or loss.

#### Salvation!

what Jesus did on the cross was save us! So once the requirements are met deliverance "just happens " But there will be no deliverance without repentance!

#### Deliverance PDF:

https://www.llerinabytanzzy.com/\_files/ugd/dd8273\_9e4cd24605e6483992357eaaa6c11f51.pdf

After deliverance there is still a process of removing what I call tethers from you and your life .

Think about a tether like an umbilical cord , or actually tethering a device .

Try it!

It's connected.

One is an invisible connection and the other an (umbilical cord) is not.

Sometimes we are tethered to memories, to experiences, to people and places.

Especially if it was a place where a soul wound occurred!

Some of these tethers can be very hard to sever.

The tethers that we will address are of sexual nature.

And honestly they tend to be not only the most prevalent, but also the most relentless!

Relentless -

oppressively constant; incessant.

BUT THE BLOOD OF JESUS DOES COVER IT ALL !!and will sever it all!

# I would like to give a warning here!

Don't try and sever anything that you are still participating in, because like I said you mess with Satan's things he is always looking for a payment once you try and leave .

Make up your mind to lay it down!

If you need to fast until you are able to do that then let it be so!

## **Drugs!**

and that includes alcohol and prescription medications.

I am by no means telling you to stop taking any medication. I am not your physician. However I have noticed an uptick in people on mood stabilizing drugs, an uptick in people who claim they have ADD, and ADHD and all of these things.

Most .....

I will venture to say all!

Living outside of God's will for their life.

Of course it will be hard for you to focus when you are focused on the wrong things .

This might be the point where you began.

Asking the Lord "how did I get here "?

How did I get on all these medications, how did anxiety get a hold of me like this when your word says be anxious for nothing!

How then did I become anxious about everything?

Lord forgive me for not praying and petitioning....

#### And continue praying from there

"Do not be anxious or worried about anything, but in everything [every circumstance and situation] by prayer and petition with thanksgiving, continue to make your [specific] requests known to God."

Philippians 4:6 AMP

# Sleep paralysis

to be updated

# **PRAYERS AND PETITIONS:**

Satan knows something about prayer and petitions that most people fail to realize.

He was there. He was once a very high ranking angel who experienced the presence of God (the anointed cherubim) he saw things we couldn't even imagine.

In the book of Enoch we saw the fallen angels ask for a memorial petition

( i talked about it more in this video ): <a href="https://youtu.be/UgV8mqAAR8A">https://youtu.be/UgV8mqAAR8A</a>

Do you not think they saw others petitioning God and they saw what results that yielded in the lives of those who did..

which is why they asked?

In Philippians 4:6 we see it as an instruction to pray and petition!

When was the last time you petitioned God!?

You can petition God for forgiveness, and don't be alarmed when he answers your petition or prayer with conditions! See some people think you can just serve God any old way no! Sometimes he gives you conditions. Sticking to these conditions is essential. Don't let anyone talk you into doing something or not doing something...

where were they when God gave you the conditions! Where were they when no one could lift the weight of the sin from your life? Ok good, leave them right where they were and leave their opinions there too.

As the days go on , the Holy Spirit will give you exact things that you need to pray about . So on top of the things that we will pray about together bring your individual request unto the Lord .

# Join me

please fill out the request- ( click join a challenge on the homepage leave me a note stating this is fast you would like to participate in )

You will be sent an invitation into the bootcamp.

You can do this self paced or you can join myself and other ladies. Prayer meetings are 12am and will be announced in the group if you would like to join

These instructions are only for those who choose to join the group.

If you are doing this self paced ignore me 

Output

Description:

Repentance Deliverance Redemption Restoration

After taking a pause to hear how the Lord would like me to bring this to you

These are the 4 points that the Holy Spirit has given me to help you.

Go through this material with the fasting structure that i will provide for you ( or you can do your own thing) but what i'm teaching you here is what i have done so do with it as you wish.

#### **GET TO WORK!**

Before we get started, do not even try to go through this process without acknowledging Jesus as Lord and savor. Acknowledge that it is exactly why he died and rose again to save a sinner like you, like me, and like whoever else was involved. This process of redemption is only for those who believe that Jesus Christ is indeed lord and savior! Who believes that the blood of Jesus still has power!

## Stage 1

Repentance: feel or express sincere regret or remorse about one's wrongdoing or sin.

Each of the 12 days you will have a specific topic of focus.

( I have not been given the 12 topics yet so please check back or you can proceed with your own

This was created with sexual traumas and sins at the forefront so I would suggest sticking with this . But any other forms of abuse as well

You alone know the truth about each topic.

find yourself a quiet space, a private space and begin there.

You can tell a lie to everyone else, you can beat around the bush, you can gather sympathy from everyone and GOD the Lord Jesus who saw you committing the sins still knows the truth! you can do every other step and keep a lying going and not be set free!

I want to give this example ...

Recently I saw a young man who was convicted for killing his girlfriend and the mother of his child. The young man had gone out of his way to start programs and seek his own healing regarding the incident that happened. As he was speaking I could hear the Lord say he was almost there. He is on the road to redemption but until he repents and is honest with himself and therefore with me about what really happened that night he will be free from prison but still in Hell. Because the deepest parts of him know the truth! the truth that no modern medicine and therapy will ever be able to cover up.

I want you to keep this in mind when you go through this process. yes it may be uncomfortable but God already knows the truth , and Satan is holding you as a prisoner because you have

refused repentance. You might lose friends and family , you might lose jobs and positions but whatever you lose is worth being in right standing with God.

If you were the victim this process applies as well, just allow the Lord to walk you back. You were there so even though you didn't do it you were spiritually there . and if you ever wish to recover what was lost ...

if you ever wish to get to the place of redemption you have to go through this process.

This process has no time limit, and even though the plan is 12 days it's a lifetime of work. But you will know when you have arrived at the next step

## Stage 2

Deliverance :the action of being rescued or set free.

You don't need to seek out anyone aside from the Lord Jesus! because he ALONE can set you free. And you alone know where you have been in bondage! so this isn't a process that will just slip your mind. YOU WILL KNOW WHEN YOU HAVE BEEN RESCUED. Sometimes it's in the company of others, sometimes it's at home alone in that quiet place! Sometimes it's loud and sometimes it's low weeping.

But one thing's for certain..

It won't happen by mistake!

Here is a video that i think will be helpful to you feel free to search the channel for other video as i speak about this frequently :

https://voutu.be/HhN2cqSwV-4

# Stage 3

Redemption: the action of regaining or gaining possession of something in exchange for payment, or clearing a debt.

Deliverance isn't the end! You still need to redeem what was stolen!

Joel 2:25

"And I will compensate you for the years That the swarming locust has eaten, The creeping locust, the stripping locust, and the gnawing locust— My great army which I sent among you.

You have been out of your mind! Something was stolen

You have been afraid, something was stolen

You have been drugged up, sexed up , sick , poor, something was stolen.

So now that I've been set free I am free to now see what was taken from me! again this is 12 days of fasting but this is not just 12 days of work! God is faithful and what would take 12 years could happen in a moment! but we are not looking for shortcuts.

This is a time of prayer! once you get to this pointy you have specific prayers to pray rather they be for yourself, others or both! I suggest both. By this time you know exactly what happened to you. Sometimes the lord will call you into old environments to show that you have overcome. He will take you back to show you that the debt has been paid!

This is the time to make sure that the environment that you were in is no longer the environment that you are in. friends, habits, spiritual disciplines all this needs to be addressed. Some people have this misconception that its deliverance once and for all and you can go back to living any old kind of way and that is a LIE FROM HELL.

I am led to share with you this specific way of praying when you are in this stage.

I know we talked about dreams and i want to highlight specifically if you find yourself having dreams of you being in a specific place you need to pray these prayers.

See when your soul is wounded pieces of your soul are often left in those spaces. The lord showed me in a season I needed to call those pieces back!

And when you call them back, ask that they be cleansed by the BLOOD OF JESUS!

# **EXAMPLE:**

Open with thanksgiving : began to	thank the lord for the moment you are in enter into his gates
Then began with the events.	

When i was \_\_\_\_\_ years old and \_\_\_\_\_ touched me i call back the pieces of me that were wounded, that were broken, that were left there

• You can name specific body parts if you remember

0 0

 Call back your purity, call back that pure heart and mind that you had before it happened CALL IT BACK!

And say "Lord as the pieces are returning to me wash them in your blood! the blood of Jesus that speaks a better word than the blood of abel! the blood of Jesus that speaks a better word than ( what they did or what i've done ) I plead the BLOOD OF JESUS.

When i was \_\_\_\_\_ years old and i touched \_\_\_\_\_ return to them the pieces that are still lingering with me, return to them the pieces that were left in that place and as you return them And say "Lord as the pieces are returning to them wash them in your blood! the blood of Jesus that speaks a better word than the blood of abel! the blood of Jesus that speaks a better word than ( what they did or what i've done ) I plead the BLOOD OF JESUS.

 Don't cheat yourself here! we all have done something don't miss the opportunity for redemption don't miss the opportunity for further repentance by staying i've never done anything

## Stage 4

RESTORATION: the action of returning something to a former owner, place, or condition.

No one can restore like GOD, because no one knows what his purpose was for you aside from him. This is a time of great revelation! Continue to pray ,keep the environment in order and draw close to your father with your restored connection! Remember the lord saved his people from Egypt so that they worship him! So even if you don't know your career path, your family situation you know one thing! you were set free to worship him! To commune with him!

### LUKE 12:26-31

so if you are not even able to do a very little thing [such as that], why are you worried about the rest? **27** Consider the lilies *and* wildflowers, how they grow [in the open field]. They neither labor nor spin [wool to make clothing]; yet I tell you, not even Solomon in all his glory *and* splendor dressed himself like one of these. **28** But if this is how God clothes the grass which is in the field today and tomorrow is thrown into the furnace, how much more *will He clothe* you? You of little faith! **29** So as for you, do not seek what you will eat and what you will drink; nor have an anxious *and* unsettled mind. **30** For all the [pagan] nations of the world greedily seek these things; and your[heavenly] Father [already] knows that you need them. **31** But[strive for and actively] seek His kingdom, and these things will be given to you as well.

Once you are at this stage you realize the work that it took to get here and you don't let the opinions of man set you back! don't let the day to day hustle and bustle take away your time with the ONLY GOD WHO COULD SAVE YOU.

# 12 day plan:

6am - morning meal
This my choice but you can do what you like
(Leafy green, nuts, and a shake ( or smoothie )
If you miss the 6am meal that's it!

You can have herbal tea +lemon+ginger and a bit of honey throughout the day especially if you have a strenuous job

*12*pm:

Prayer praise and worship Set aside time

6pm:

Repentance and communion

12am : Gratitude ,petitions , worship

Here is the fasting protocol on my site that might help you a bit more here but this is the daily structure for this plan for 12 days

:https://www.llerinabytanzzy.com/ files/ugd/dd8273 a82ea8a7b5b64448bc84ff64c0d0828a.pd f

